



Committee Members

Chairman - Bruce McDowell
Secretary - Glyn Stokes
Treasurer - Hazel McDowell
Treasurer—Brendan Hallisey
Membership - Liz Elmore
Groups - Ken Gardner
Speaker - Rita Aggarwal
Speaker - Viv Carr
Catering - Henry Shaw
Newsletter - Jane Cusworth

LIVE
LAUGH
LEARN
(TOGETHER)

Ramsey U3A Officers

Welfare Officer - Fran Holland

Publicity Officers

Enid Hubbard: Aspire
publicity@ramseyu3a.org.uk
Dave Cusworth: Posters

Glyn Stokes: Website
www.ramseyu3a.org.uk

NO MEETING IN AUGUST

NEXT MEETING - Tuesday 10th September

Speaker - Tony Harris presents Winston Churchill – WW2

Return of one of our favourite speakers

Group Display - Model Makers

JULY MEETING

Our vice-chairman, Liz, welcomed everyone to the meeting; Jane then updated on travel news with holidays for 2025. It was then over to Viv to introduce our speaker for the day, Jonathan Clough, who gave a presentation on The Northern Lights. Some beautiful photography and video demonstrated the different colours and different images formed by this phenomenon. Jonathan explained how you can tell the difference between clouds and the aurora as you can see stars through the aurora but not through clouds. Colours can be green, pink, purple/blue and red depending on where you are viewing. He also gave some tips on taking photos of the aurora, and showed how mobile phone cameras can produce brilliant shots by selecting 'night' mode. He suggested to always try and get something in the foreground to give a better composition. Cameras should be mounted on a tripod and set with a long exposure (8 seconds). You can sometimes see satellites whizzing past as there are now over 7,000 circling the earth. I was lucky enough to view the aurora on 10th May and can't wait to see it again.

2025 HOLIDAYS

The travel committee are hoping to take members to Devon (June) and the Isle of Wight (October) in 2025. Details for the Devon holiday are as follows. Travel Agent Greatdays ABTA Member Dates: **Mon 2nd—Fri 6th June** Dews Executive Coach 4 nights dinner, bed and breakfast at The Queens Hotel, Paignton, which is only 200 metres from the beach.

- Dartmouth Steam Railway and River Dart Cruise with time to spend in the pretty town of Dartmouth
- Powderham Castle and Buckfast Abbey
- Coleton Fishacre and free time in Paignton

Price: £599 per person (based on 30 passengers) with £90 single supplement. We have a number of single rooms allocated to us so if you are on your own and want a holiday with people you know, why not join us. Family and friends are also welcome on u3a holidays.

Our late holiday is to the Isle of Wight (Mon 6th to Fri 10th October) and full details will be confirmed in due course.

WELCOME TO OUR NEW MEMBERS

A warm welcome to our new members this month, Carolyn Child, Alistair Davis, Diana Sheppard and Liz Ball. We hope they will take full advantage of the groups we offer and continue to Live, Laugh and Learn.

DAY TRIPS for 2024

National Memorial Arboretum - Thursday 5th September - £25pp (Balance due by 18th July)

Optional Land Train Tour : £6.50pp

This will be our last day trip for 2024.

Payments: Whenever possible payment should be by Bank Transfer using **NMA** as the reference, made to **Ramsey u3a Travel**, Lloyds Bank, Sort Code: 30-99-50 A/C No: 75226568. Only when this is not possible, payment may be made by cheque payable to Ramsey U3A Travel or cash. Only fully paid up U3A members can take part in day trips.

Wroxham Barns & Great Yarmouth

On Thursday 4th July, 34 members travelled by coach to Wroxham Barns, a collection of beautifully restored 18th century barns with craft workshops, retail outlets and a cafe. We then went on to Great Yarmouth to enjoy the beautiful beach, the pier and some took a trip on the little train up and down the promenade. Ice creams were also part of the day as the weather was kind to us although a bit blowy!!

As soon as venues start taking bookings for 2025, we will let you have details of places and dates.

THESPIANS CHRISTMAS PRODUCTION

Members will be delighted to learn that our own Thespians will be putting on a production of *Alice in Fenland* in December. Unfortunately, the Community Centre cannot accommodate 2 performances on the Tuesday.

The date will be Friday 13th December at 2pm and 4pm

Tickets on sale at October General Meeting - £2 per person

The costume makers are already brimming with ideas for what will be a Christmas extravaganza.

If you are interested in joining the thespians, please contact Enid Hubbard on 01487 815041 or email enidlds1@gmail.com

RECYCLING

As we are of the age group to take many tablets, we can now recycle our blister packs at The Ramsey Town Council offices on Great Whyte where there is a container.

ACTIVITY GROUP NEWS

Group news and dates can be found on the Ramsey & District u3a website, on the notice board at General Meetings and in the Aspire magazine.

Don't forget to get in touch with our Groups Coordinator, Ken Gardner, if you are interested in any of our groups as there may be spaces available, or use the link on the Groups page of the Ramsey u3a website.

If there isn't a group that you fancy and you have something you've always wanted to try, we can always put up a sign-up sheet to see if other members may also be interested, then start a new group.

If your group has been doing something interesting, let me know so I can include details and photographs next month.

National online events can be found at: <https://www.u3a.org.uk/events/educational-events>

For more information, visit our website: www.ramseyu3a.org.uk

JOKES

Old age makes us great multitaskers. That's why we can sneeze and pee at the same time.
Age is an issue of mind over matter. If you don't mind getting older, then it really doesn't matter.

What goes up but never down? Your age.

Apparently saying, "Oh this old thing?" isn't an appropriate way to introduce your wife.

Retirement is wonderful. It's doing nothing without worrying about getting caught.